



DEAR JOHN DEWEY FAMILY,

As we March into the last few months of the year, I want to thank you for getting involved in your child's education this year. Many times teachers (and principals) are asked by parents, "What can I do at home to help my child be successful at school?" My answer is quite simple, "Read with your child every day." Before, during, and after the reading, praise your child, direct a discussion about the story, ask questions, visualize the story, offer information, share personal reactions, and relate the story to life experiences. Most of all enjoy the story together and let your child see that reading is fun. Cherish this special time together! Did you know that John Dewey has a Facebook page where information is sent out on a regular basis? Check it out online! You can find the link on our school website page

Yours in Education,
Mrs. Clotman

LOST AND FOUND

Every day boys and girls are leaving their coats, jackets, sweaters, hats, and lunch boxes on the school grounds. Those items without student's names are picked up and brought to our lost and found located inside the cafeteria. During spring break we will be donating any items left in our lost and found. Please be sure to check or have your child check the lost and found by **Wednesday March 22nd.**



TECHNOLOGY

Technology fosters a growth mindset. The beliefs children have about intelligence, effort, and struggle impact the choices they make about learning. People tend to hold one of two different beliefs about intelligence: Children with a growth mindset believe that intelligence can be developed. These students see school as a place to develop their abilities and think of challenges as opportunities to grow. Children with a fixed mindset believe that intelligence is fixed at birth and doesn't change or changes very little with practice. These students see school as a place where their abilities are evaluated, they focus on looking smart over learning, and they interpret mistakes as a sign that they lack talent. Cultivating a growth mindset philosophy at home and at school is vital to a child's academic success and emotional well-being. Words are powerful. Here are some words we can all use to encourage a growth mindset:

DEVELOPING A **GROWTH MINDSET** 

INSTEAD OF.....	TRY THINKING....
I'm not good at this	What am I missing?
I give up	I'll use a different strategy
It's good enough	Is this really my best work?
I can't make this any better	I can always improve
This is too hard	This may take some time
I made a mistake	Mistakes help me to learn
I just can't do this	I am going to train my brain
I'll never be that smart	I will learn how to do this
Plan A didn't work	There's always Plan B
My friend can do it	I will learn from them



School Health

It's hard for parents to make the decision to keep a child home from school while orchestrating their tight morning routine. According to the New York Times article, "When Does a Child Need a Sick Day?" by Dr. Perri, most parents are more concerned about the health of their child and the health of other children than about missing work. The article goes on to say that parents shouldn't worry too much about what may evolve over the course of the day or about getting other children sick but whether the child can effectively participate in the school day.

Infectious illnesses can be infectious before obvious symptoms occur and can remain infectious after symptoms are gone. We have to prevent transmission of infectious illnesses by emphasizing habits that improve hygiene and interrupt the possible transmission. After immunizations, the single most important way to prevent transmission of infections in schools and home is good hand washing. **Hand washing** is important for respiratory illnesses which are most likely transmitted by viruses that get from the mouth and nose onto the hands. Respiratory etiquette can prevent the viruses from getting on the hands and means coughing and sneezing into a sleeve or an elbow. Handwashing and respiratory etiquette are skills that need to be taught to children.

Handwashing Steps:

1. Wet hands
2. Soap
3. Scrub front and back of hands for 20-30 seconds or while singing A-B-C song or Row-Row-Row Your Boat and don't forget to get between the fingers and under the fingernails.
4. Rinse and dry hands with a clean paper towel



March is National Nutrition Month

There's no better way to celebrate the occasion than to begin each day with a good breakfast. Breakfast fuels the body for the challenges of the day. Studies have shown that children who start the day with breakfast are able to learn quicker, focus longer, and do better on tests. Although mornings are often hectic, finding time for breakfast can really make a difference in a student's day. No time to eat? Why not try the breakfast program offered at school each morning? With so many tasty and healthy choices, it's easier than ever to start the day off on the right foot! So take a few minutes each morning to give your child a simple gift that can last for hours. Remember to celebrate nutrition month by eating breakfast.

Black History Facts

Before Wally Amos became famous for his "Famous Amos" chocolate chip cookies, he was a talent agent at the William Morris Agency, where he worked with the likes of The Supremes and Simon & Garfunkel.

Scientist and mathematician Benjamin Banneker is credited with helping to design the blueprints for Washington, D.C.

Before he was a renowned artist, Romare Bearden was also a talented baseball player. He was recruited by the Philadelphia Athletics on the pretext that he would agree to pass as white. He turned down the offer, instead choosing to work on his art.

